

**ACKNOWLEDGMENT AND WAIVER OF LIABILITY**

**LONG VALLEY TRACK & FIELD – 2021**

**(CLINIC AND YOUTH)**

I, \_\_\_\_\_ (name of parent / legal guardian) acknowledge and represent that I am the parent or legal guardian of: \_\_\_\_\_ (name of runner(s)) (hereinafter referred to as the “PROGRAM PARTICIPANT(S)”).

**PLEASE READ CAREFULLY BEFORE SIGNING**

I, on behalf of myself, the PROGRAM PARTICIPANT(S), my/our other household members and/or dependents, HEREBY RELEASE, COVENANT NOT TO SUE, DISCHARGE, WAIVE AND HOLD HARMLESS LONG VALLEY TRACK & FIELD AND EACH OF ITS COACHES, AGENTS, VOLUNTEERS AND REPRESENTATIVES FOR AND FROM ANY AND ALL CLAIMS, DAMAGES, DEMANDS, LOSSES, LIABILITIES, ACTIONS, COSTS AND EXPENSES OF ANY KIND ARISING OUT OF OR IN ANY WAY RELATING TO THE ACCIDENTAL AND/OR NEGLIGENT EXPOSURE TO PANDEMIC ILLNESSES, INCLUDING BUT NOT LIMITED TO COVID-19, FROM ATTENDING OR PARTICIPATING IN ANY PRACTICE, RACE, EVENT, GATHERING, OR OTHER ACTIVITY IN ANY WAY RELATED TO LONG VALLEY TRACK & FIELD.

I UNDERSTAND AND AGREE THAT THIS WAIVER AND RELEASE INCLUDES ANY AND ALL CLAIMS BASED ON THE ACTIONS, OMISSIONS, OR NEGLIGENCE OF LONG VALLEY TRACK & FIELD AND EACH OF ITS COACHES, AGENTS, VOLUNTEERS AND REPRESENTATIVES, REGARDLESS OF WHETHER INFECTION FROM ANY PANDEMIC ILLNESS OCCURS BEFORE, DURING OR AFTER PARTICIPATION AND/OR ATTENDANCE IN ANY PRACTICE, RACE, EVENT, GATHERING, OR OTHER ACTIVITY IN ANY WAY RELATED TO LONG VALLEY TRACK & FIELD.

I have read and accept the terms and conditions of this ACKNOWLEDGMENT AND WAIVER OF LIABILITY, and acknowledge and agree that it shall, to the fullest extent allowed by law, be effective upon me and my child(ren), and our respective heirs, personal representatives, estates and family members.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**PLEASE RETURN VIA EMAIL TO  
[LVTFWAIVER@GMAIL.COM](mailto:LVTFWAIVER@GMAIL.COM)**

**(if you do not have access to a scanner, a high-quality photo is sufficient)**